

## **Lincoln Lutheran**

# Turkey Trot

A Thanksgiving fun run and alumni gathering benefitting Warrior T&F.

## About Turkey Trot \*NEW THIS YEAR...

### We're running the Saturday BEFORE Thanksgiving. Nov. 23rd!

**WHAT:** A Thanksgiving season Lincoln Lutheran staff, student, family, supporter and alumni fellowship event and fun run. Gather to enjoy one another this Thanksgiving Season! Run or walk 2 miles (or don't - just visit with friends). Both a kids "campus lap" (approx 0.5 miles) and a 2 mile running course race will be offered. Proceeds benefiting Warrior Athletics as well as the Track & Field and Cross Country teams.

Can't make it? There's a virtual option too. Get the shirt, support the cause, run on your own!

Run, walk, race your kids or just spend the morning catching up with friends! We'll have coffee, hot cocoa and perhaps some pre-race donuts in the gym to enjoy time visiting with friends..

WHEN: Saturday, November 23rd, 2024

WHERE: Lincoln Lutheran Middle/High School, 1100 N 56th St, Lincoln, NE

RACE TIMES: 8:30 a.m. - Kids "Campus Lap"

8:45 a.m. - 2 mile Anytime - Virtually

\*We won't be providing official timing or awards, but WILL have clock on ya! - It's a fun run, fundraiser and alumni gathering!

WHO: Everyone

### WHAT'S IT COST:

- 2 mile race \$30 per entry
- "Virtual" (get the shirt, support the program, walk/run on own) \$25 per entry

- Kids "Campus Lap" - \$15 per entry

ALL Entries include long-sleeve event t-shirt\*) Sizes Available: YM, YL, XS, S, M, L, XL, XXL

\* Only Registrations submitted by 12p on 11/9 will be guaranteed a shirt.

**DON'T WANT TO RUN or WALK BUT WANT TO SUPPORT \$\$\$:** Yup, you can pay us NOT to run!!!! Running isn't for everyone! Maybe you're stuck at home preparing the turkey! Just select the "DONATE" option in registration! The Warriors appreciate the support!

BIB (and shirt) PICK-UP: Lincoln Lutheran Gym beginning at 7:45 a.m. day of.

### **REGISTER HERE:**

INSERT RYZER LINK HERE

Or search "Lincoln Lutheran Camps" and click "Turkey Trot" along top banner.

**ROUTE:** Both the kids' "Campus Lap" and the 2 mile will start in the same place behind the portable classrooms in the grass playing fields. The kids lap will follow the perimeter of the Lincoln Lutheran grass playing fields ending where it started. The 2 mile will take that playing field lap then continue along the tree line to the MOPAC trail on 56th, taking the trail to Cotner then a reverse pivot and returning from whence you came! While we know you would love to run 5-10 miles to really earn your Thanksgiving season calories, this route allows us to save \$ on traffic control and permits. AND can include of "has been" runners like Coach Janecek.



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