



Join us this Summer at  
 Lincoln Lutheran  
 Middle/High School  
 where you can make  
 friends, develop skills,  
 explore, create, cook,  
 make music and much  
 more!



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LINCOLN  
 LUTHERAN  
 ATHLETIC  
 SUMMER CAMPS  
 2018

**Youth 3rd - 8th Volleyball Camp**  
**May 29th-June 1st 1:00pm - 3:00pm**  
**High School Volleyball Camp**  
**May 30th-June 1st 3:30pm - 6:00pm**

Sue Ziegler and Warrior Volleyball Staff will lead this camp which is designed to teach fundamentals and provide an opportunity for individual skill development: serving, passing, defense, attacking, blocking and setting. Players will be grouped by age and experience so they can train in a safe and fun environment. There will be guest clinicians for a portion of the High School camp, along with the Lincoln Lutheran staff. This camp is an excellent opportunity to meet our coaching staff! Each camper will receive a camp T-shirt.

**Middle School 6th - 8th Golf Camp**  
**June 5th-6th 8:00am - 10:00am**  
**High School Golf Camp**  
**June 5th-6th 10:30am - 12:30pm**

Lincoln Lutheran golf camp will be held at Crooked Creek Golf Course. Head golf coaches will work with the assistance of former high school golfers to lead this camp. The camp offers two full days of instructions on fundamentals focusing on full swings, chipping and putting. For the more advanced golfers, there will be an instructive warm-up followed by a 9-hole round of golf. Camp costs include range balls, a Lincoln Lutheran towel and a sleeve of three golf balls.

**Youth Girls 3rd - 8th Soccer Camp**  
**June 4th - 7th 6:30pm - 8:00pm**  
**High School Girls Soccer Camp**  
**July 23rd-25th 9:00am - 11:00am**

The Warrior Way Soccer Camp is for the player who wants to improve her individual soccer skills. Coach Dave Gosselin has over 20 years of experience will teach & improve players' abilities to dribble, strike, receive & get the ball into the goal. Area college coaches will be special guests to improve campers skills. Campers will receive a t-shirt and ball.

**High School Boys Soccer Camp**  
**May 29th-June 1st 9:00am - 11:00am**  
**Youth 3rd-8th Grade Soccer Camp**  
**May 29th-June 1st 1:00pm - 3:00pm**

Lincoln Lutheran Boys' Soccer Camp is a Christ-centered camp designed to introduce and improve the technical skills of individual players. Each player will have the opportunity for individual instruction, growth and team function. Fundamental skills for all players will include passing/receiving, dribbling and shooting. More complex skills will be introduced to help with maneuvers and tactical combinations. Each camper will receive a t-shirt and ball.

**High School Boys Basketball Camp**  
**June 11th-14th 9:00am - 12:00pm**  
**3rd-6th Youth Camp 1:00pm - 3:00pm**  
**7th-8th Youth Camp 3:00pm - 5:00pm**  
**June 11th-15th**

Head Varsity Boys' Basketball Coach Jason Glines and the Lincoln Lutheran Coaches will help young men learn the game of Basketball. The camp will focus on developing the fundamentals of ball handling, passing, and shooting as well as basic offensive and defensive skills. No equipment needed, young men should show up with a positive attitude and a desire to learn the game. Each camper will receive a T-shirt.

**High School Girls Basketball Camp**  
**June 18th-21st 9:00am - 12:00pm**  
**3rd-6th Girls Basketball Camp 1-3pm**  
**7th-8th Girls Basketball Camp 3-5pm**  
**June 18th-22nd**

Head Varsity Girls' Coach Rich Olson and Lincoln Lutheran coaches will direct these camps where young ladies will learn age-appropriate skills and fundamentals. This camp will work on ball handling, passing, rebounding, defensive, and shooting skills. These skills are taught in a Christ-centered environment and in an entertaining manner. Each camper will receive a camp T-shirt.

**Youth 1st - 6th Wrestling Camp**  
**May 29th-June 1st 1:00pm - 2:45pm**  
**High School Wrestling Camp**  
**May 29th-June 1st 3:15pm - 5:15pm**

Our Wrestling camps are designed for first-time wrestlers up to state champions. Fun wrestling-focused competitions will be held at the end of every session! Come learn basic & advanced wrestling positions, take-downs, escapes, offensive and defensive skills in a Christ-centered environment.

**Middle School 6th - 8th Track Camp**  
**June 18th-22nd 9:00am - 11:00am**

This Camp will be directed by Harrison Martin and other members of the Track & Field Staff at Lincoln Lutheran. Goals of the camp are to provide quality instruction on fundamental and technical aspects including hurdling, high jump, long jump, and triple jump and will include: video running analysis, review of run conditioning exercises and drills, and a discussion of the Nutritional and Hydration needs for runners. College athletes will add their expertise and instruction. Each camper will receive a camp T-shirt.

**3rd-6th Football Camp 5:00-7:00pm**  
**7th-8th Football Camp 5:00-7:30pm**  
**August 7th-10th**  
**High School Football Camp**  
**July 23rd-26th 5:30pm - 8:00pm**

During these non-contact camps athletes will receive the following: Instruction in playing the game of football God's Way; Focus on developing basic fundamentals of the game of football; Skills and technique instruction in all phases of the game including offense, defense, and special teams; Fun football focused competitions at the end of each evening. Campers will receive a camp T-shirt.